

**30**  
**30**  
**Hikes Program**  
 30 Trails • 30 Minutes  
**St. Louis County Parks**



**Lower Meramec Park**  
 4800 Meramec Bottom Road

Hike from the parking lot on the paved trail to the second marker where the Meramec Greenway meets Tall Timbers Trail and return for a 1.74 mile hike. This trail offers views of a unique swamp ecosystem with wildlife such as salamanders, warblers, and wood ducks.

-  Trailhead
-  30-30 Stamp
-  Parking
-  Park Boundary

